

Competition Results

Competition:
Welsh Final 2025 Under 15 Girls

Venue:
Llantrisant Leisure Centre

Date
9 Mar 2025

Ranking	Team	Score	Individual	P8	4x2
1	Cardiff and The Vale	684	544	70	70
2	North West Wales	591	491	50	50
3	Powys	552	452	60	40
4	Dyfed	514	454	0	60
5	Afan Nedd Tawe	444	414	0	30

Athlete Results

Competition:
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Ranking	BibNo	Athlete	Team	Score	2LR	4LR	S	SB	SLJ	VJ
1	139	Bethan Fleet	Cardiff and The Vale	142		44		50		48
2=	138	Abbi Beadle	Cardiff and The Vale	136	50		44		42	
2=	140	Elin Matthews	Cardiff and The Vale	136		46		48		42
4=	136	Amelie Edwards	Cardiff and The Vale	130	48		37			45
4=	150	Cari Roberts	North West Wales	130	46			36	48	
4=	158	Nansi Jones	Powys	130	40			40	50	
7	151	Ela Edwards	North West Wales	129	44			45		40
8	131	Tabitha Ventress-Brett	Afan Nedd Tawe	128		49	50			29
9	144	Pauline De Vera	Dyfed	127	36			45	46	
10	154	Erin Quinn	North West Wales	118		31	48		39	
11	152	Gwen Perkins	North West Wales	114	42			38		34
12	146	Zakia Johnson	Dyfed	113	31		37			45
13	153	Isla Jones	North West Wales	111		31	46			34
14=	155	Becca Griffiths	North West Wales	110		42	40		28	
14=	160	Bethan Evans	Powys	110		34	42		34	
14=	161	Hollie Cruise	Powys	110		24		42	44	
17	148	Erin McKibbin	Dyfed	108		26		32		50
18	141	Allanah McConnachie	Cardiff and The Vale	107		36		32	39	
19	145	Beca Elfyn	Dyfed	106		49	26		31	
20	157	Carys Davies Williams	Powys	102	36		32			34
21=	130	Harriett Young	Afan Nedd Tawe	96	28		32		36	
21=	132	Ffion Davies	Afan Nedd Tawe	96		38		32	26	
23	137	Maya Mach	Cardiff and The Vale	95	36		28		31	
24	129	Leila Barlow	Afan Nedd Tawe	94		40		28		26
25=	159	Lacey Evans	Powys	92	31		32			29
25=	162	Leah Borysiowicz	Powys	92		28		26		38
27=	142	Medi Owen	Cardiff and The Vale	0						
27=	156	Krista Jones	North West Wales	0						

Team Results

Afan Nedd Tawe (white)

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1	Cardiff and The Vale	684	544	70	70
2	North West Wales	591	491	50	50
3	Powys	552	452	60	40
4	Dyfed	514	454	0	60
5	Afan Nedd Tawe	444	414	0	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
129	Leila Barlow	4LR	51.9				51.9	6	40
129	Leila Barlow	SB	53				53	12	28
129	Leila Barlow	VJ	40	37	40		40	13	26
130	Harriett Young	2LR	25.4				25.4	12	28
130	Harriett Young	S	6.79	6.76	6.76		6.79	9=	32
130	Harriett Young	SLJ	2.04	1.86	1.95		2.04	8	36
131	Tabitha Ventress-Brett	4LR	49.5				49.5	1=	49
131	Tabitha Ventress-Brett	S	8.39	8.39	8.95		8.95	1	50
131	Tabitha Ventress-Brett	VJ	44	42	45		45	11=	29
132	Ffion Davies	4LR	52.3				52.3	7	38
132	Ffion Davies	SB	61				61	9=	32
132	Ffion Davies	SLJ	1.55	1.48	1.58		1.58	13	26

Team Results

Cardiff and The Vale (maroon)

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1	Cardiff and The Vale	684	544	70	70
2	North West Wales	591	491	50	50
3	Powys	552	452	60	40
4	Dyfed	514	454	0	60
5	Afan Nedd Tawe	444	414	0	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
136	Amelie Edwards	2LR	23.0				23.0	2	48
136	Amelie Edwards	S	6.25	7.12	6.29		7.12	7=	37
136	Amelie Edwards	VJ	54	51	52		54	3=	45
137	Maya Mach	2LR	24.1				24.1	7=	36
137	Maya Mach	S	6.55	6.27	5.73		6.55	12	28
137	Maya Mach	SLJ	1.82	1.94	1.80		1.94	10=	31
138	Abbi Beadle	2LR	22.8				22.8	1	50
138	Abbi Beadle	S	7.53	7.40	6.51		7.53	4	44
138	Abbi Beadle	SLJ	2.06	2.11	1.98		2.11	5	42
139	Bethan Fleet	4LR	51.3				51.3	4	44
139	Bethan Fleet	SB	77				77	1	50
139	Bethan Fleet	VJ	55	52	51		55	2	48
140	Elin Matthews	4LR	50.6				50.6	3	46
140	Elin Matthews	SB	72				72	2	48
140	Elin Matthews	VJ	52	52	50		52	5	42
141	Allanah McConnachie	4LR	52.5				52.5	8	36
141	Allanah McConnachie	SB	61				61	9=	32
141	Allanah McConnachie	SLJ	2.09	2.03	2.06		2.09	6=	39
142	Medi Owen	VJ	48	49	48		49		

Team Results

Dyfed (navy)

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1	Cardiff and The Vale	684	544	70	70
2	North West Wales	591	491	50	50
3	Powys	552	452	60	40
4	Dyfed	514	454	0	60
5	Afan Nedd Tawe	444	414	0	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
144	Pauline De Vera	2LR	24.1				24.1	7=	36
144	Pauline De Vera	SB	71				71	3=	45
144	Pauline De Vera	SLJ	2.09	2.14	2.11		2.14	3	46
145	Beca Elfyn	4LR	49.5				49.5	1=	49
145	Beca Elfyn	S	5.85	5.15	5.41		5.85	13	26
145	Beca Elfyn	SLJ	1.81	1.93	1.94		1.94	10=	31
146	Zakia Johnson	2LR	24.2				24.2	10=	31
146	Zakia Johnson	S	6.82	7.12	6.99		7.12	7=	37
146	Zakia Johnson	VJ	54	52	54		54	3=	45
148	Erin McKibbin	4LR	54.3				54.3	13	26
148	Erin McKibbin	SB	61				61	9=	32
148	Erin McKibbin	VJ	57	50	48		57	1	50

Team Results

North West Wales (sky)

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1	Cardiff and The Vale	684	544	70	70
2	North West Wales	591	491	50	50
3	Powys	552	452	60	40
4	Dyfed	514	454	0	60
5	Afan Nedd Tawe	444	414	0	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
150	Cari Roberts	2LR	23.4				23.4	3	46
150	Cari Roberts	SB	65				65	8	36
150	Cari Roberts	SLJ	2.06	2.14	2.17		2.17	2	48
151	Ela Edwards	2LR	23.6				23.6	4	44
151	Ela Edwards	SB	71				71	3=	45
151	Ela Edwards	VJ	49	51	50		51	6	40
152	Gwen Perkins	2LR	23.8				23.8	5	42
152	Gwen Perkins	SB	66				66	7	38
152	Gwen Perkins	VJ	49	48	49		49	8=	34
153	Isla Jones	4LR	53.0				53.0	10=	31
153	Isla Jones	S	7.97	7.16	7.37		7.97	3	46
153	Isla Jones	VJ	48	49	47		49	8=	34
154	Erin Quinn	4LR	53.0				53.0	10=	31
154	Erin Quinn	S	8.38	8.61	8.71		8.71	2	48
154	Erin Quinn	SLJ	2.01	2.09	2.09		2.09	6=	39
155	Becca Griffiths	4LR	51.6				51.6	5	42
155	Becca Griffiths	S	7.09	7.15	6.96		7.15	6	40
155	Becca Griffiths	SLJ	1.85	1.53	1.85		1.85	12	28
156	Krista Jones	S	5.32	5.80	5.33		5.80		

Team Results

Powys (red/white)

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1	Cardiff and The Vale	684	544	70	70
2	North West Wales	591	491	50	50
3	Powys	552	452	60	40
4	Dyfed	514	454	0	60
5	Afan Nedd Tawe	444	414	0	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
157	Carys Davies Williams	2LR	24.1				24.1	7=	36
157	Carys Davies Williams	S	6.79	6.02	6.69		6.79	9=	32
157	Carys Davies Williams	VJ	47	48	49		49	8=	34
158	Nansi Jones	2LR	23.9				23.9	6	40
158	Nansi Jones	SB	68				68	6	40
158	Nansi Jones	SLJ	2.08	2.13	2.19		2.19	1	50
159	Lacey Evans	2LR	24.2				24.2	10=	31
159	Lacey Evans	S	6.79	6.42	6.29		6.79	9=	32
159	Lacey Evans	VJ	40	43	45		45	11=	29
160	Bethan Evans	4LR	52.6				52.6	9	34
160	Bethan Evans	S	7.26	5.65	6.22		7.26	5	42
160	Bethan Evans	SLJ	2.02	2.03	2.03		2.03	9	34
161	Hollie Cruise	4LR	58.3				58.3	14	24
161	Hollie Cruise	SB	69				69	5	42
161	Hollie Cruise	SLJ	1.98	2.09	2.12		2.12	4	44
162	Leah Borysiowicz	4LR	53.5				53.5	12	28
162	Leah Borysiowicz	SB	51				51	13	26
162	Leah Borysiowicz	VJ	48	50	50		50	7	38

Results Sheet

2 Lap Race

Competition:
Welsh Final 2025 Under 15 Girls

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Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cardiff and The Vale	Maroon	138	Abbi Beadle	22.8	50
2	Cardiff and The Vale	Maroon	136	Amelie Edwards	23.0	48
3	North West Wales	Sky	150	Cari Roberts	23.4	46
4	North West Wales	Sky	151	Ela Edwards	23.6	44
5	North West Wales	Sky	152	Gwen Perkins	23.8	42
6	Powys	Red/White	158	Nansi Jones	23.9	40
7=	Cardiff and The Vale	Maroon	137	Maya Mach	24.1	36
7=	Dyfed	Navy	144	Pauline De Vera	24.1	36
7=	Powys	Red/White	157	Carys Davies Williams	24.1	36
10=	Dyfed	Navy	146	Zakia Johnson	24.2	31
10=	Powys	Red/White	159	Lacey Evans	24.2	31
12	Afan Nedd Tawe	White	130	Harriett Young	25.4	28

Results Sheet

4 Lap Race

Competition:
Welsh Final 2025 Under 15 Girls

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Ranking	Team	Colour	BibNo	Name	Best	Points
1=	Afan Nedd Tawe	White	131	Tabitha Ventress-Brett	49.5	49
1=	Dyfed	Navy	145	Beca Elfyn	49.5	49
3	Cardiff and The Vale	Maroon	140	Elin Matthews	50.6	46
4	Cardiff and The Vale	Maroon	139	Bethan Fleet	51.3	44
5	North West Wales	Sky	155	Becca Griffiths	51.6	42
6	Afan Nedd Tawe	White	129	Leila Barlow	51.9	40
7	Afan Nedd Tawe	White	132	Ffion Davies	52.3	38
8	Cardiff and The Vale	Maroon	141	Allanah McConnachie	52.5	36
9	Powys	Red/White	160	Bethan Evans	52.6	34
10=	North West Wales	Sky	153	Isla Jones	53.0	31
10=	North West Wales	Sky	154	Erin Quinn	53.0	31
12	Powys	Red/White	162	Leah Borysiowicz	53.5	28
13	Dyfed	Navy	148	Erin McKibbin	54.3	26
14	Powys	Red/White	161	Hollie Cruise	58.3	24

Results Sheet

8 Lap Paarlauf

Competition:

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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Cardiff and The Vale	Maroon	1:41.7	0.0	1:41.7	70.0
2	05	Powys	Red/White	1:42.8	0.0	1:42.8	60.0
3	04	North West Wales	Sky	1:45.9	0.0	1:45.9	50.0

Results Sheet

4 x 2 Lap Relay

Competition:
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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Cardiff and The Vale	Maroon	1:33.7	0.0	1:33.7	70.0
2	03	Dyfed	Navy	1:34.6	0.0	1:34.6	60.0
3	04	North West Wales	Sky	1:35.0	0.0	1:35.0	50.0
4	05	Powys	Red/White	1:37.7	0.0	1:37.7	40.0
5	01	Afan Nedd Tawe	White	1:39.7	0.0	1:39.7	30.0

Results Sheet

Shot

Competition:
Welsh Final 2025 Under 15 Girls

Venue:
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Ranking	Team	Colour	BibNo	Name	Best	Points
1	Afan Nedd Tawe	White	131	Tabitha Ventress-Brett	8.95	50
2	North West Wales	Sky	154	Erin Quinn	8.71	48
3	North West Wales	Sky	153	Isla Jones	7.97	46
4	Cardiff and The Vale	Maroon	138	Abbi Beadle	7.53	44
5	Powys	Red/White	160	Bethan Evans	7.26	42
6	North West Wales	Sky	155	Becca Griffiths	7.15	40
7=	Cardiff and The Vale	Maroon	136	Amelie Edwards	7.12	37
7=	Dyfed	Navy	146	Zakia Johnson	7.12	37
9=	Afan Nedd Tawe	White	130	Harriett Young	6.79	32
9=	Powys	Red/White	157	Carys Davies Williams	6.79	32
9=	Powys	Red/White	159	Lacey Evans	6.79	32
12	Cardiff and The Vale	Maroon	137	Maya Mach	6.55	28
13	Dyfed	Navy	145	Beca Elfyn	5.85	26
	North West Wales	Sky	156	Krista Jones	5.80	0

Results Sheet

Speed Bounce

Competition:
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Ranking	Team	Colour	BibNo	Name	Total	Points
1	Cardiff and The Vale	Maroon	139	Bethan Fleet	77	50
2	Cardiff and The Vale	Maroon	140	Elin Matthews	72	48
3=	Dyfed	Navy	144	Pauline De Vera	71	45
3=	North West Wales	Sky	151	Ela Edwards	71	45
5	Powys	Red/White	161	Hollie Cruise	69	42
6	Powys	Red/White	158	Nansi Jones	68	40
7	North West Wales	Sky	152	Gwen Perkins	66	38
8	North West Wales	Sky	150	Cari Roberts	65	36
9=	Afan Nedd Tawe	White	132	Ffion Davies	61	32
9=	Cardiff and The Vale	Maroon	141	Allanah McConnachie	61	32
9=	Dyfed	Navy	148	Erin McKibbin	61	32
12	Afan Nedd Tawe	White	129	Leila Barlow	53	28
13	Powys	Red/White	162	Leah Borysiowicz	51	26

Results Sheet

Standing Long Jump

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Ranking	Team	Colour	BibNo	Name	Best	Points
1	Powys	Red/White	158	Nansi Jones	2.19	50
2	North West Wales	Sky	150	Cari Roberts	2.17	48
3	Dyfed	Navy	144	Pauline De Vera	2.14	46
4	Powys	Red/White	161	Hollie Cruise	2.12	44
5	Cardiff and The Vale	Maroon	138	Abbi Beadle	2.11	42
6=	Cardiff and The Vale	Maroon	141	Allanah McConnachie	2.09	39
6=	North West Wales	Sky	154	Erin Quinn	2.09	39
8	Afan Nedd Tawe	White	130	Harriett Young	2.04	36
9	Powys	Red/White	160	Bethan Evans	2.03	34
10=	Cardiff and The Vale	Maroon	137	Maya Mach	1.94	31
10=	Dyfed	Navy	145	Beca Elfyn	1.94	31
12	North West Wales	Sky	155	Becca Griffiths	1.85	28
13	Afan Nedd Tawe	White	132	Ffion Davies	1.58	26

Results Sheet

Vertical Jump

Competition:
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Venue:
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Ranking	Team	Colour	BibNo	Name	Best	Points
1	Dyfed	Navy	148	Erin McKibbin	57	50
2	Cardiff and The Vale	Maroon	139	Bethan Fleet	55	48
3=	Cardiff and The Vale	Maroon	136	Amelie Edwards	54	45
3=	Dyfed	Navy	146	Zakia Johnson	54	45
5	Cardiff and The Vale	Maroon	140	Elin Matthews	52	42
6	North West Wales	Sky	151	Ela Edwards	51	40
7	Powys	Red/White	162	Leah Borysiowicz	50	38
8=	North West Wales	Sky	152	Gwen Perkins	49	34
8=	North West Wales	Sky	153	Isla Jones	49	34
8=	Powys	Red/White	157	Carys Davies Williams	49	34
11=	Afan Nedd Tawe	White	131	Tabitha Ventress-Brett	45	29
11=	Powys	Red/White	159	Lacey Evans	45	29
13	Afan Nedd Tawe	White	129	Leila Barlow	40	26
	Cardiff and The Vale	Maroon	142	Medi Owen	49	0