

SPORTSHALL ATHLETICS UK CHAMPIONSHIPS : Best Performances at Regional Events since 2006

SHOT

	Under 13 Girls			
North West	Bekki Roche	Merseyside	2016	12.04
East	Nicole Parcel	Hertfordshire	2013	11.14
North East	Kayleigh Brown	Tyne & Wear	2010	10.00
Welsh	Mariane Hopkins	Afan Nedd Tawe	2014	10.52
West Midlands	Adele Nicoll	Shropshire	2010	13.69
South West	Karis Harrington	Cornwall	2009	10.74
South East	Sophie Merritt	Hampshire	2011	12.88
Yorkshire	Megan Ascough	West Yorkshire	2013	10.89
East Midlands	Hannah Dunderdale	Lincolnshire	2008	10.92
Ulster	Amber Gallagher	Donegal	2019	10.60
London	Aysha Bentic	Newham	2011	8.84
West of Scotland	Nicky McMurtie	South Lanarkshire	2007	9.39
East of Scotland	Frankie Benham	Midlothian	2007	8.31
North Scotland	Debbie Sneddon	Shetland Isles	2007	7.28

	Under 15 Girls			
	Kelly Baker	Cheshire	2011	11.59
	Nicole Purcell	Hertfordshire	2015	12.03
	Lucy Giles	Tyne & Wear	2018	11.85
	Adele Nicoll	Powys	2011	13.66
	Iris Oliarnyk	Birmingham	2017	12.06
	Danielle Broom	Dorset	2015	12.05
	Sophie Mace	Surrey	2014	12.23
	Roisin Ramage	West Yorkshire	2015	10.35
	Yasmin Spencer	Derbyshire	2008	12.76
	Jenny Brown	County Londonderry	2006	12.73
	Niamh Mcguigan	West London	2013	8.72
	Alisis Clements	South Lanarkshire	2007	9.28
	Stephanie Boyd	North Lanarkshire	2007	7.67
	Sophie May Leyland	Shetland Isles	2007	7.81

	Under 13 Boys			
North West	Cameron Scott-Allan	Merseyside	2018	12.48
East	James Pearson	Essex	2012	13.03
North East	Jack Halpin	Tyne & Wear	2017	14.46
Welsh	Ethan Witchell	Cardiff & the Vale	2019	12.92
West Midlands	Sebastian Seldon	Herefordshire & W	2024	14.68
South West	Matthew Halton	Cornwall	2006	12.77
South East	Archie Oates	Sussex	2024	13.91
Yorkshire	Tariq Said	West Yorkshire	2013	11.86
East Midlands	Tom Bridge	Derbyshire	2008	12.04
Ulster	James Kelly	Donegal	2013	13.47
London	Dejean Marshall Brown	South London	2013	11.41
West of Scotland	Thomas McIntosh	South Lanarkshire	2007	8.80
East of Scotland	Jamie Wyse	Midlothian	2007	9.09
North Scotland	Kevin Sabui	Highlands	2007	7.67

	Under 15 Boys			
	Francis Mulvanney	Merseyside	2011	13.68
	William Adeyeye	Essex	2016	15.59
	Andrew Harle	Tyne & Wear	2007	13.99
	Connor Laverty	North West Wales	2011	14.19
	Joshua Newman	Birmingham	2009	16.49
	Jack Howlett	Dorset	2015	15.35
	Sam Mace	Surrey	2016	14.25
	Aidan Law	South Yorkshire	2007	11.78
	Tom Bridge	Derbyshire	2010	14.65
	Stuart Connor	Fermanagh	2008	13.03
	Kieran Clarke	South London	2011	11.52
	Christopher Thomson	Argyll	2007	11.21
	Ryan Gilhdoley	Midlothian	2007	9.09
	Maurice Williamson	Shetland Isle	2007	11.57

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SPEED BOUNCE

	Under 13 Girls			
North West	Charlotte Plant	Greaser Manchester	2014	87
East	Ellie Blunt	Norfolk	2010	99
North East	Olivia Hall & Ioana Rocket	Tyne & Wear	2018 / 2019 & 2012	83
Welsh	Kate pugh	Powys	2015	87
West Midlands	Isabelle Neville	Birmingham	2013	98
South West	Sophie Thomas	Avon	2011	94
South East	Frey Jury	Kent	2017	93
Yorkshire	Olivia Neal	South Yorkshire	2006	89
East Midlands	Ellie Haynes	Leicestershire & Rutland	2015	87
Ulster	Jade O'Donnell	Donegal	2008	86
London	Ingerta Dafku	Newham	2011	71
West of Scotland	Niki Muir	Inverclyde	2007	79
East of Scotland	Paige Gow	Edinburgh	2007	79
North Scotland	Katie Langlands	Perth & Kinross	2007	73

Under 15 Girls			
Freya Taylor - Hatswell & Danielle McGifford	Cheshire & Greater Manchester	2012 & 2009	89
Rhianna Bailey	Norfolk	2010	96
Rebecca Quin	Tyne & Wear	2010	86
Lauren Williams	Powys	2013	92
Andrea Lewis - Jones	Warwickshire	2007	94
Sophie Thomas	Avon	2012	95
Frey Jury	Kent	2018	92
Olivia Neal	South Yorkshire	2008	89
Ellie Haynes	Leicestershire & Rutland	2017	92
Aibhe O'Donnell	Donegal	2014	89
Amy Ayers	South London	2013	82
Laurie Ann Mckenna	South Lanarkshire	2007	82
Jenifer Wardhaugh	North Lanarkshire	2007	78
Natasha Alexander	Aberdeen City	2007	80

	Under 13 Boys			
North West	Jack Williamson	Cheshire	2014	87
East	Joe Hootah	Suffolk	2010	91
North East	Quinn Morton	County Durnam	2019	81
Welsh	Sam Bowers	Powys	2012	88
West Midlands	Kane Densley	Birmingham	2010	91
South West	Curtis Norman / Adam Dingley	Devon / Devon	2006 / 2019	86
South East	William Jury	Kent	2019	93
Yorkshire	William Morris	West Yorkshire	2012	86
East Midlands	Joshua Wainwright	Nottinghamshire	2007	89
Ulster	James Loughrey	Donegal	2014	88
London	Sindoso Weir	South London	2013	79
West of Scotland	John MacPhee	Argyll	2007	83
East of Scotland	Adam Dalley	Edinburgh	2007	71
North Scotland	Scott Landers	Highlands	2007	78

Under 15 Boys			
David Dentith & Matthew Lamb	Cheshire & Merseyside	2016 & 2013	90
Joel Clarke	Norfolk	2015	95
Joe Halpin	Tyne & Wear	2015	87
Radix	Dyfed	2016	88
Jack Harison	Warwickshire	2006	94
Adam Booth	Dorset	2017	91
Dudley Mason	Hampshire	2010	99
Dan Tomlinson, Thomas Scott & Hassan Said	North Yorkshire & West Yorkshire & West Yorkshire	2016, 2008 & 2013	84
Thomas Mansfield	Leicestershire	2024	99
Joshua Evans	Co. Londonderry	2014	90
Reiss Cunningham Ormande	South London	2012	85
Andrew Campbell	Inverclyde	2007	84
Alan Mclean	Scottish Borders	2007	77
Leighton Mcintosh	Dundee	2007	79

	Under 13 Girls			
North West	Grace Goodsell	Greater Manchester	2016	2.40
East	Aziza Hill-Williams	Essex	2008	2.49
North East	Caitlin Brough	Tyne & Wear	2018	2.28
Welsh	Jade Leech & Abbie Beadle	Dyfed & Cardiff & the Vale	2016 & 2024	2.29
West Midlands	Grace Dempsey & Lauryn Walker	Birmingham	2011 & 2014	2.32
South West	Emma Williams & Claudia Lavender	Gloucestershire & Somerset	2006 & 2011	2.34
South East	Diana Adegoke	Kent	2011	2.51
Yorkshire	Charlotte Patterson	Humberside	2010	2.41
East Midlands	Sarah Tomlinson	Derbyshire	2006	2.42
Ulster	Janine Boyle	Donegal	2013	2.36
London	Kyra White	Central London	2012	2.18
West of Scotland	Ruth Semple	Agyll	2007	2.15
East of Scotland	Sarah Gellatly	East Lothian	2007	1.87
North Scotland	Heather Winfield	Highlands	2007	2.04

	Under 13 Boys			
North West	Jerell Livingstone	Greater Manchester	2017	2.55
East	Reggie Lucas-Merrie	Essex	2019	2.55
North East	Henry Englehart	County Durham	2024	2.68
Welsh	Thomas Walters	Dyfed	2008	2.54
West Midlands	Rowan May	Birmingham	2008	2.54
South West	Jacob Pazdan	Avon	2014	2.58
South East	Dante Clark	Surrey	2019	2.87
Yorkshire	Adam Tranter	North Yorkshire	2018	2.54
East Midlands	Christopher Turner	Derbyshire	2017	2.54
Ulster	Ciaran Dolan	Fermanagh	2006	2.50
London	Jordan Andrew	Newham	2011	2.48
West of Scotland	David Black	Argyll	2007	2.17
East of Scotland	Lawrie Corner	East Lothian	2007	2.15
North Scotland	Lorne McNiven	Shetland Isles	2007	2.15

	Under 15 Girls			
	Charlie Seymour	Greater Manchester	2017	2.48
	Rebecca Johnson	Norfolk	2024	2.59
	Caitlin Brough	Tyne & Wear	2013	2.42
	Cheryl Powell	Cardiff & Vale	2006	2.48
	Nikita Campbell-Smith	Birmingham	2010	2.56
	Emily Tyrell	Devon	2017	2.69
	Diana Adegoke	Kent	2013	2.59
	Anna Dickie	West Yorkshire	2015	2.48
	Molly Palmer	Leicestershire & Rutland	2018	2.52
	Janine Boyle	Donegal	2015	2.54
	Jasmin Hedman	Newham	2013	2.34
	Deborah Sokoe	South Lanarkshire	2007	2.32
	Kirsten Goodall	East Lothian	2007	2.32
	Emma Leask	Shetland Isles	2007	2.18

	Under 15 Boys			
	Jerrel Livingston	Greater Manchester	2019	2.79
	Max Price	Hertfordshire	2013	2.96
	James Lovatt	Tyne & Wear	2008	2.81
	Radix	Dyfed	2016	2.84
	Ben Riekstins	Shropshire	2006	2.92
	Ashya Gray & Aiden Keating	Avon & Devon	2018 & 2024	2.86
	Luke Allwright	Kent	2008	2.84
	Ali Rogers	North Yorkshire	2013	2.74
	Perry Offler	Nottinghamshire	2009	2.71
	Paul Allen	Co. Londonderry	2006	2.70
	Kyle Cranston	South London	2013	2.54
	Iain McDowell	Argyll	2007	2.44
	Nathan Angelopolles	North Lanarkshire	2007	2.44
	Sean Maver	Shetland Isle	2007	2.35

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STANDING TRIPLE JUMP

	Under 13 Girls			
North West	Ruby Bowie	Cheshire	2018	7.27
East	Elise Jenning	Essex	2016	7.40
North East	Emily Gargan	County Durham	2012	7.20
Welsh	Katriel Udoh	Afan Nedd Tawe	2024	6.76
West Midlands	Nikita Campbell - Smith	Birmingham	2009	8.10
South West	Emily Tyrell	Devon	2015	7.25
South East	Millie Cavanagh	Hampshire	2012	7.48
Yorkshire	Hannah Sellers -Drury	North Yorkshire	2019	7.10
East Midlands	Chloe Pallett	Leicestershire	2024	7.14
Ulster	Ashleigh Mcardle	Donegal	2019	6.98
London	Daniella Dowker	Newham	2012	6.23
West of Scotland	Nicole Anderson	Argyll	2007	6.38
East of Scotland	Jodie Ronald	North Lanarkshire	2007	6.32
North Scotland	Emma Dawson	Perth & Kinross	2007	7.30

	Under 13 Boys			
North West	James Davies	Lancashire	2006	7.78
East	Jake Berney	Cambridgeshire	2009	7.90
North East	Tom Paterson	Tyne & Wear	2017	7.44
Welsh	Connor Laverty	North West Wales	2009	7.95
West Midlands	Ryan Stride	Birmingham	2007	7.98
South West	Max Peecoo	Avon	2019	7.69
South East	Adam Okuleye	Surrey	2010	7.93
Yorkshire	Sam Afari	West Yorkshire	2010	7.62
East Midlands	Joe Moss	Derbyshire	2024	7.66
Ulster	Lee Walsh	Antrim	2011	7.08
London	Joseph Unadiki	Central London	2012	6.82
West of Scotland	Struan Carmichael	Argyll	2007	6.50
East of Scotland	Greg Gillian	Scottish Borders	2007	6.04
North Scotland	Peter Muirmead	Perth & Kinross	2007	6.64

Under 15 Boys			
Jordan Olurankinse-Benson	Merseyside	2017	8.58
William Adeyeye	Essex	2016	8.92
Ryan King	Durham	2010	8.24
Liam Ewing	Eryri	2006	8.80
Kaie Chambers Brown	Birmingham	2015	8.75
Dennis Alphonso	Avon	2019	8.53
Daniel Ghosh	Surrey	2011	9.01
Toby Adenji	West Yorkshire	2015	8.58
Johnathan Heath	Derbyshire	2009	8.94
Caolan McBrien	Fermanagh	2006	8.56
Grebin Cherian	Newham	2011	8.00
Christopher Thomson	Argyll	2007	8.30
Craig Murray	North Lanarkshire	2007	7.02
Leighton McIntosh	Dundee	2007	7.75

VERTICAL JUMP

	Under 13 Girls			
North West	Rebackah Hopper	Greater Manchester	2015	63
East	Funminiyi Olajide	Essex	2015	65
North East	Lily Jamieson	Tyne & Wear	2016	60
Welsh	Jess Vaughn	North East Wales	2006	63
West Midlands	Anya Bates & Holly Lewis	Birmingham & Shropshire	2013 & 2016	61
South West	Charlotte Martin	Avon	2016	62
South East	Alicia Borrill	Sussex	2016	69
Yorkshire	Rebeckah Tiler	West Yorkshire	2012	75
East Midlands	Jodie Wills	Derbyshire	2006	60
Ulster	Niamh Farrell / Anastazja Malon	Donegal / Donegal	2011 / 2019	61
London	Abigail Alaya	Central London	2012	56
West of Scotland	Chelsea Daiziel	South Lanarkshire	2007	49
East of Scotland	Demi Hardie	Edinburgh	2007	52
North Scotland	Elidh Maclenan	Highlands	2007	57

Under 15 Girls			
Chloe Unsworth	Lancashire	2012	64
Funminiyi Olajide	Essex	2017	73
Elizabeth Clay	County Durham	2024	62
Eilar Knight	North East Wales	2016	64
Beth Ruben	Birmingham	2007	71
Jade Ellans	Avon	2006	69
Michaela Pottenger	Surrey	2018	74
Ambah Thompson	West Yorkshire	2014	69
Yasmin Spencer	Derbyshire	2008	65
Carla Bourne	Donegal	2006	62
Amezeh Efejuku	Newham	2011	63
Zoe Fleming	Argyll	2007	52
Jenifer Wardhaugh	North Lanarkshire	2007	63
Sara Langlands	Perth & Kinross	2007	55

	Under 13 Boys			
North West	John Nwabueze	Cheshire	2010	78
East	Chenna Okoh Mason	Hertfordshire	2013	74
North East	Elliot Rutherord	Tyne & Wear	2016	70
Welsh	Tony Lewis	Dyfed	2008	71
West Midlands	James Woolley	Birmingham	2012	67
South West	Karl Underwood & Aaron Realizo & Samuel Akinyemi	Devon, Avon, Avon	2009, 2012, 2017	65
South East	Tristan Suberu	Kent	2024	78
Yorkshire	Jacob Head	North Yorkshire	2015	66
East Midlands	Ben Madeley	Nottinghamshire	2017	74
Ulster	Killian O'Malley	Donegal	2013	60
London	Absai Hemoh	Newham	2011	66
West of Scotland	Rhys Campbell	Argyll	2007	53
East of Scotland	Keiran Sim	East Lothian	2007	55
North Scotland	Tom Jamieson	Shetland Isles	2007	49