

# Competition Results

## Competition:

East Regional Final 2024 Under 13 Girls

## Venue:

UEA Sportspark

## Date

17 Feb 2024

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Green	699	70	70	70	60	54	50	53	54	54	52	58	54
2	Essex	Red	627	60	60	50	70	46	54	44	54	43	42	50	54
3	Suffolk	Maroon	528	40	30	60	50	50	45	49	42	52	42	34	34
4	Cambridgeshire	Sky	444	50	40	30	40	32	30	38	32	26	42	42	42
5	Hertfordshire	Orange	286	0	50	40	0	28	19	26	16	35	32	26	14

# Team Results

# Cambridgeshire (sky)

## Competition:

East Regional Final 2024 Under 13 Girls

## Venue:

UEA Sportspark

## Date

17 Feb 2024

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Green	699	70	70	70	60	54	50	53	54	54	52	58	54
2	Essex	Red	627	60	60	50	70	46	54	44	54	43	42	50	54
3	Suffolk	Maroon	528	40	30	60	50	50	45	49	42	52	42	34	34
4	Cambridgeshire	Sky	444	50	40	30	40	32	30	38	32	26	42	42	42
5	Hertfordshire	Orange	286	0	50	40	0	28	19	26	16	35	32	26	14

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
1	Simone Scott	2LR	28.5	0.0			28.5	9	14
1	Simone Scott	SLJ	2.25	2.21	2.16	2.17	2.25	3	26
2	Juliet Bell Fine	2LR	27.4	0.0			27.4	7	18
3	Claudia Barp Fornari	VJ	42	43	44	0	44	5	22
4	Chinechem Ogbonna	SB	62				62	9	14
5	Amelie Hindley	STJ	5.27	5.39	0.00	0.00	5.39	6	20
6	Eleanor Stewart	STJ	5.68	5.63	5.57	0.00	5.68	5	22
7	Romy Spreadbury	SLJ	1.97	1.96	2.00	1.99	2.00	8	16
8	Izzy Hilton	6LR	1:36.5				1:36.5	8	16
8	Izzy Hilton	VJ	33	36	39	38	39	6	20
9	Chevonne Hau	4LR	1:04.1	0.0			1:04.1	9	14
9	Chevonne Hau	S	5.83	5.97	5.73	5.51	5.97	7	18
10	Connie Abraham	S	5.24	4.50	5.02	5.04	5.24	9	14
11	Isabella Smith	4LR	1:01.5	0.0			1:01.5	8	16
11	Isabella Smith	SB	60				60	10	12
12	Hattie Roques	6LR	1:33.0				1:33.0	5	22

# Team Results

# Essex (red)

## Competition:

East Regional Final 2024 Under 13 Girls

## Venue:

UEA Sportspark

## Date

17 Feb 2024

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Green	699	70	70	70	60	54	50	53	54	54	52	58	54
2	Essex	Red	627	60	60	50	70	46	54	44	54	43	42	50	54
3	Suffolk	Maroon	528	40	30	60	50	50	45	49	42	52	42	34	34
4	Cambridgeshire	Sky	444	50	40	30	40	32	30	38	32	26	42	42	42
5	Hertfordshire	Orange	286	0	50	40	0	28	19	26	16	35	32	26	14

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
13	Evie Boygle	2LR	25.0	25.5			25.5	5	22
13	Evie Boygle	SLJ	2.21	2.19	2.21	2.17	2.21	4	24
14	Liya Adeyeri	2LR	25.7	25.4			25.4	4	24
14	Liya Adeyeri	VJ	60	61	63	64	64	1	30
15	Katie Lowe	4LR	56.9	58.6			58.6	4	24
15	Katie Lowe	STJ	5.51	6.31	6.43	0.00	6.43	3	26
16	Lucy Croker	4LR	55.5	56.1			56.1	1	30
16	Lucy Croker	VJ	47	43	46	42	47	4	24
17	Lucinda Palmer	6LR	1:31.4				1:31.4	3	26
18	Amalie Twydell	6LR	1:35.6				1:35.6	7	18
19	Isla Coppard	STJ	5.87	5.71	5.87	0.00	5.87	4	24
20	Evie Abbott	SB	70				70	4	24
21	Emma Frisby	SLJ	2.03	1.98	2.01	2.06	2.06	7	18
22	Cherri Moss	SB	68				68	6=	19
23	Olivia Mullineaux	S	9.20	9.09	10.02	9.50	10.02	1	30
24	Eni-Zoe Saiki	S	4.94	0.00	6.11	6.71	6.71	4	24

# Team Results

# Hertfordshire (orange)

## Competition:

East Regional Final 2024 Under 13 Girls

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UEA Sportspark

## Date

17 Feb 2024

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Green	699	70	70	70	60	54	50	53	54	54	52	58	54
2	Essex	Red	627	60	60	50	70	46	54	44	54	43	42	50	54
3	Suffolk	Maroon	528	40	30	60	50	50	45	49	42	52	42	34	34
4	Cambridgeshire	Sky	444	50	40	30	40	32	30	38	32	26	42	42	42
5	Hertfordshire	Orange	286	0	50	40	0	28	19	26	16	35	32	26	14

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
25	Penny field	6LR	1:53.6				1:53.6	10	12
25	Penny field	STJ	3.81	3.91	3.64	0.00	3.91	10	12
26	Imara Fanning	6LR	1:52.0				1:52.0	9	14
26	Imara Fanning	SB	65				65	8	16
27	Ceana Dadzie	2LR	29.8	0.0			29.8	10	12
27	Ceana Dadzie	S	0.00	0.00	5.75	5.93	5.93	8	16
28	Bria Bomah	4LR	1:00.0	0.0			1:00.0	6=	19
28	Bria Bomah	SLJ	2.11	2.11	2.07	2.07	2.11	6	20
29	Cora Naylor	SB	68				68	6=	19
30	Amelia Axam	SLJ	1.63	1.54	1.60	1.65	1.65	10	12
31	Hannah Minkin	STJ	4.30	4.17	4.28	0.00	4.30	9	14
32	Eva Harmel	2LR	27.7	0.0			27.7	8	16
32	Eva Harmel	VJ	31	31	28	34	34	9	14

# Team Results

# Norfolk (green)

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East Regional Final 2024 Under 13 Girls

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UEA Sportspark

## Date

17 Feb 2024

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Green	699	70	70	70	60	54	50	53	54	54	52	58	54
2	Essex	Red	627	60	60	50	70	46	54	44	54	43	42	50	54
3	Suffolk	Maroon	528	40	30	60	50	50	45	49	42	52	42	34	34
4	Cambridgeshire	Sky	444	50	40	30	40	32	30	38	32	26	42	42	42
5	Hertfordshire	Orange	286	0	50	40	0	28	19	26	16	35	32	26	14

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
37	Darcie Holmes	2LR	25.3	25.0			25.0	2	28
37	Darcie Holmes	STJ	6.65	6.67	6.70	0.00	6.70	1	30
38	Olivia Barber	2LR	25.2	25.2			25.2	3	26
38	Olivia Barber	STJ	6.50	6.45	6.60	0.00	6.60	2	28
39	Jennifer Mardle	4LR	57.3	56.4			56.4	2	28
39	Jennifer Mardle	S	7.30	8.75	8.60	8.11	8.75	2	28
40	Lexi Ford	4LR	56.8	59.6			59.6	5	22
40	Lexi Ford	SLJ	2.07	2.15	2.15	2.13	2.15	5	22
41	Tayla Goodswen	6LR	1:31.3				1:31.3	1=	29
41	Tayla Goodswen	SB	71				71	3	26
42	Isabella White	6LR	1:32.7				1:32.7	4	24
42	Isabella White	VJ	47	48	44	47	48	3	26
43	Macey Philips	SLJ	2.41	2.40	2.43	2.39	2.43	1	30
44	Eleana Osifo-Doe	VJ	55	0	0	43	55	2	28
47	Betty Appleton	SB	72				72	2	28
48	Eleanor Wright	S	7.36	7.39	7.27	7.29	7.39	3	26

# Team Results

# Suffolk (maroon)

## Competition:

East Regional Final 2024 Under 13 Girls

## Venue:

UEA Sportspark

## Date

17 Feb 2024

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Green	699	70	70	70	60	54	50	53	54	54	52	58	54
2	Essex	Red	627	60	60	50	70	46	54	44	54	43	42	50	54
3	Suffolk	Maroon	528	40	30	60	50	50	45	49	42	52	42	34	34
4	Cambridgeshire	Sky	444	50	40	30	40	32	30	38	32	26	42	42	42
5	Hertfordshire	Orange	286	0	50	40	0	28	19	26	16	35	32	26	14

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
49	Freya Stocking	2LR	26.4	0.0			26.4	6	20
49	Freya Stocking	SB	85				85	1	30
50	Daisy Mullett	2LR	24.6	24.4			24.4	1	30
50	Daisy Mullett	SLJ	2.31	2.29	2.33	2.36	2.36	2	28
51	Lucy Mansell	4LR	58.7	58.1			58.1	3	26
51	Lucy Mansell	S	6.06	5.32	5.80	5.87	6.06	5	22
52	Imogen Bucys	6LR	1:31.3				1:31.3	1=	29
52	Imogen Bucys	SB	69				69	5	22
53	Layla White	6LR	1:35.3				1:35.3	6	20
53	Layla White	STJ	5.27	5.09	5.34	0.00	5.34	7	18
54	Grace Houghton	4LR	1:00.0	0.0			1:00.0	6=	19
54	Grace Houghton	S	5.60	6.04	5.77	5.95	6.04	6	20
55	Abbie Cook	STJ	5.31	5.23	4.95	0.00	5.31	8	16
56	Bella Wood	SLJ	1.83	1.81	1.69	1.75	1.83	9	14
57	Isla Thorn	VJ	35	32	32	34	35	8	16
59	Florence Barnard	VJ	35	36	36	37	37	7	18

# Results Sheet

# Obstacle Relay

## Competition:

East Regional Final 2024 Under 13 Girls

## Venue:

UEA Sportspark

## Date

17 Feb 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Green	1:17.7	0.0	1:17.7	70.0
2	02	Essex	Red	1:18.8	0.0	1:18.8	60.0
3	01	Cambridgeshire	Sky	1:28.6	0.0	1:28.6	50.0
4	05	Suffolk	Maroon	1:29.2	0.0	1:29.2	40.0

# Results Sheet

# 4 x 1 Lap Relay

## Competition:

East Regional Final 2024 Under 13 Girls

## Venue:

UEA Sportspark

## Date

17 Feb 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Green	51.0	0.0	51.0	70.0
2	02	Essex	Red	51.9	0.0	51.9	60.0
3	03	Hertfordshire	Orange	56.0	0.0	56.0	50.0
4	01	Cambridgeshire	Sky	56.3	0.0	56.3	40.0
5	05	Suffolk	Maroon	58.9	0.0	58.9	30.0



# Results Sheet

# 2 Lap Race

**Competition:**  
East Regional Final 2024 Under 13 Girls

**Venue:**  
UEA Sportspark

**Date**  
17 Feb 2024

Ranking	Team	Colour	Points
1	Norfolk	Green	54
2	Suffolk	Maroon	50
3	Essex	Red	46
4	Cambridgeshire	Sky	32
5	Hertfordshire	Orange	28

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Suffolk	Maroon	50	Daisy Mullett	24.4	30
2	Norfolk	Green	37	Darcie Holmes	25.0	28
3	Norfolk	Green	38	Olivia Barber	25.2	26
4	Essex	Red	14	Liya Adeyeri	25.4	24
5	Essex	Red	13	Evie Boygle	25.5	22
6	Suffolk	Maroon	49	Freya Stocking	26.4	20
7	Cambridgeshire	Sky	2	Juliet Bell Fine	27.4	18
8	Hertfordshire	Orange	32	Eva Harmel	27.7	16
9	Cambridgeshire	Sky	1	Simone Scott	28.5	14
10	Hertfordshire	Orange	27	Ceana Dadzie	29.8	12

# Results Sheet

# 4 Lap Race

**Competition:**  
East Regional Final 2024 Under 13 Girls

**Venue:**  
UEA Sportspark

**Date**  
17 Feb 2024

Ranking	Team	Colour	Points
1	Essex	Red	54
2	Norfolk	Green	50
3	Suffolk	Maroon	45
4	Cambridgeshire	Sky	30
5	Hertfordshire	Orange	19

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	16	Lucy Croker	56.1	30
2	Norfolk	Green	39	Jennifer Mardle	56.4	28
3	Suffolk	Maroon	51	Lucy Mansell	58.1	26
4	Essex	Red	15	Katie Lowe	58.6	24
5	Norfolk	Green	40	Lexi Ford	59.6	22
6=	Hertfordshire	Orange	28	Bria Bomah	1:00.0	19
6=	Suffolk	Maroon	54	Grace Houghton	1:00.0	19
8	Cambridgeshire	Sky	11	Isabella Smith	1:01.5	16
9	Cambridgeshire	Sky	9	Chevonne Hau	1:04.1	14

# Results Sheet

# 6 Lap Time Trial

## Competition:

East Regional Final 2024 Under 13 Girls

## Venue:

UEA Sportspark

## Date

17 Feb 2024

Ranking	Team	Colour	Points
1	Norfolk	Green	53
2	Suffolk	Maroon	49
3	Essex	Red	44
4	Cambridgeshire	Sky	38
5	Hertfordshire	Orange	26

Ranking	Team	Colour	BibNo	Name	Best	Points
1=	Norfolk	Green	41	Tayla Goodswen	1:31.3	29
1=	Suffolk	Maroon	52	Imogen Bucys	1:31.3	29
3	Essex	Red	17	Lucinda Palmer	1:31.4	26
4	Norfolk	Green	42	Isabella White	1:32.7	24
5	Cambridgeshire	Sky	12	Hattie Roques	1:33.0	22
6	Suffolk	Maroon	53	Layla White	1:35.3	20
7	Essex	Red	18	Amalie Twydell	1:35.6	18
8	Cambridgeshire	Sky	8	Izzy Hilton	1:36.5	16
9	Hertfordshire	Orange	26	Imara Fanning	1:52.0	14
10	Hertfordshire	Orange	25	Penny field	1:53.6	12

# Results Sheet

# 8 Lap Paarlauf

## Competition:

East Regional Final 2024 Under 13 Girls

## Venue:

UEA Sportspark

## Date

17 Feb 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Green	1:52.9	0.0	1:52.9	70.0
2	05	Suffolk	Maroon	1:57.1	0.0	1:57.1	60.0
3	02	Essex	Red	1:57.2	0.0	1:57.2	50.0
4	03	Hertfordshire	Orange	2:01.6	0.0	2:01.6	40.0
5	01	Cambridgeshire	Sky	2:02.3	0.0	2:02.3	30.0

# Results Sheet

# 4 x 2 Lap Relay

## Competition:

East Regional Final 2024 Under 13 Girls

## Venue:

UEA Sportspark

## Date

17 Feb 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Essex	Red	1:41.9	0.0	1:41.9	70.0
2	04	Norfolk	Green	1:42.7	0.0	1:42.7	60.0
3	05	Suffolk	Maroon	1:43.8	0.0	1:43.8	50.0
4	01	Cambridgeshire	Sky	1:50.3	0.0	1:50.3	40.0

# Results Sheet

# Shot

## Competition:

East Regional Final 2024 Under 13 Girls

## Venue:

UEA Sportspark

## Date

17 Feb 2024

Ranking	Team	Colour	Points
1=	Essex	Red	54
1=	Norfolk	Green	54
3	Suffolk	Maroon	42
4	Cambridgeshire	Sky	32
5	Hertfordshire	Orange	16

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	23	Olivia Mullineaux	10.02	30
2	Norfolk	Green	39	Jennifer Mardle	8.75	28
3	Norfolk	Green	48	Eleanor Wright	7.39	26
4	Essex	Red	24	Eni-Zoe Saiki	6.71	24
5	Suffolk	Maroon	51	Lucy Mansell	6.06	22
6	Suffolk	Maroon	54	Grace Houghton	6.04	20
7	Cambridgeshire	Sky	9	Chevonne Hau	5.97	18
8	Hertfordshire	Orange	27	Ceana Dadzie	5.93	16
9	Cambridgeshire	Sky	10	Connie Abraham	5.24	14

# Results Sheet

# Speed Bounce

## Competition:

East Regional Final 2024 Under 13 Girls

## Venue:

UEA Sportspark

## Date

17 Feb 2024

Ranking	Team	Colour	Points
1	Norfolk	Green	54
2	Suffolk	Maroon	52
3	Essex	Red	43
4	Hertfordshire	Orange	35
5	Cambridgeshire	Sky	26

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Suffolk	Maroon	49	Freya Stocking	85	30
2	Norfolk	Green	47	Betty Appleton	72	28
3	Norfolk	Green	41	Tayla Goodswen	71	26
4	Essex	Red	20	Evie Abbott	70	24
5	Suffolk	Maroon	52	Imogen Bucys	69	22
6=	Essex	Red	22	Cherri Moss	68	19
6=	Hertfordshire	Orange	29	Cora Naylor	68	19
8	Hertfordshire	Orange	26	Imara Fanning	65	16
9	Cambridgeshire	Sky	4	Chinechem Ogbonna	62	14
10	Cambridgeshire	Sky	11	Isabella Smith	60	12

# Results Sheet

# Standing Long Jump

## Competition:

East Regional Final 2024 Under 13 Girls

## Venue:

UEA Sportspark

## Date

17 Feb 2024

Ranking	Team	Colour	Points
1	Norfolk	Green	52
2=	Cambridgeshire	Sky	42
2=	Essex	Red	42
2=	Suffolk	Maroon	42
5	Hertfordshire	Orange	32

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Green	43	Macey Philips	2.43	30
2	Suffolk	Maroon	50	Daisy Mullett	2.36	28
3	Cambridgeshire	Sky	1	Simone Scott	2.25	26
4	Essex	Red	13	Evie Boygle	2.21	24
5	Norfolk	Green	40	Lexi Ford	2.15	22
6	Hertfordshire	Orange	28	Bria Bomah	2.11	20
7	Essex	Red	21	Emma Frisby	2.06	18
8	Cambridgeshire	Sky	7	Romy Spreadbury	2.00	16
9	Suffolk	Maroon	56	Bella Wood	1.83	14
10	Hertfordshire	Orange	30	Amelia Axam	1.65	12



# Results Sheet

# Standing Triple Jump

**Competition:**  
East Regional Final 2024 Under 13 Girls

**Venue:**  
UEA Sportspark

**Date**  
17 Feb 2024

Ranking	Team	Colour	Points
1	Norfolk	Green	58
2	Essex	Red	50
3	Cambridgeshire	Sky	42
4	Suffolk	Maroon	34
5	Hertfordshire	Orange	26

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Green	37	Darcie Holmes	6.70	30
2	Norfolk	Green	38	Olivia Barber	6.60	28
3	Essex	Red	15	Katie Lowe	6.43	26
4	Essex	Red	19	Isla Coppard	5.87	24
5	Cambridgeshire	Sky	6	Eleanor Stewart	5.68	22
6	Cambridgeshire	Sky	5	Amelie Hindley	5.39	20
7	Suffolk	Maroon	53	Layla White	5.34	18
8	Suffolk	Maroon	55	Abbie Cook	5.31	16
9	Hertfordshire	Orange	31	Hannah Minkin	4.30	14
10	Hertfordshire	Orange	25	Penny field	3.91	12

# Results Sheet

# Vertical Jump

## Competition:

East Regional Final 2024 Under 13 Girls

## Venue:

UEA Sportspark

## Date

17 Feb 2024

Ranking	Team	Colour	Points
1=	Essex	Red	54
1=	Norfolk	Green	54
3	Cambridgeshire	Sky	42
4	Suffolk	Maroon	34
5	Hertfordshire	Orange	14

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	14	Liya Adeyeri	64	30
2	Norfolk	Green	44	Eleana Osifo-Doe	55	28
3	Norfolk	Green	42	Isabella White	48	26
4	Essex	Red	16	Lucy Croker	47	24
5	Cambridgeshire	Sky	3	Claudia Barp Fornari	44	22
6	Cambridgeshire	Sky	8	Izzy Hilton	39	20
7	Suffolk	Maroon	59	Florence Barnard	37	18
8	Suffolk	Maroon	57	Isla Thorn	35	16
9	Hertfordshire	Orange	32	Eva Harmel	34	14