

# Aviva Sportshall UK Championships

**Yorkshire & Humberside Regional Final  
North Bridge Leisure Centre, Halifax  
Sunday 1 March 2009**

Humberside

purple

North Yorkshire

red

South Yorkshire

green

West Yorkshire

orange



# 2009 Regional Finals

uk:athletics 

  
**AVIVA**

# Competition Results

**Competition:**

ASHA-Yorkshire Regional Final Under 15 Girls

**Venue:**

North Bridge Leisure Centre, Halifax

**Date**

1 Mar 2009

| Ranking | Team            | Score | Individual | P8 | 4x2 |
|---------|-----------------|-------|------------|----|-----|
| 1       | West Yorkshire  | 676   | 546        | 70 | 60  |
| 2       | North Yorkshire | 556   | 486        | 0  | 70  |
| 3       | South Yorkshire | 555   | 505        | 0  | 50  |
| 4       | Humberside      | 538   | 438        | 60 | 40  |

# Athlete Results

## Competition:

ASHA-Yorkshire Regional Final Under 15 Girls

## Venue:

North Bridge Leisure Centre, Halifax

## Date

1 Mar 2009

| Ranking | BibNo | Athlete            | Team            | Score | 2LR | 4LR | S  | SB | SLJ | VJ |
|---------|-------|--------------------|-----------------|-------|-----|-----|----|----|-----|----|
| 1       | 70    | Lauren Powell      | West Yorkshire  | 146   | 50  |     |    | 46 | 50  |    |
| 2       | 56    | Laura Skelton      | North Yorkshire | 144   | 48  |     | 48 |    | 48  |    |
| 3       | 64    | Olivia Neal        | South Yorkshire | 135   | 41  |     |    | 50 | 44  |    |
| 4=      | 72    | Beth Pugh          | West Yorkshire  | 134   | 46  |     | 42 |    |     | 46 |
| 4=      | 74    | India Wilson       | West Yorkshire  | 134   |     | 46  |    | 48 | 40  |    |
| 6       | 75    | Emma Taylor        | West Yorkshire  | 132   |     | 40  |    | 44 |     | 48 |
| 7       | 73    | Rachel Taylor      | West Yorkshire  | 131   | 37  |     | 44 |    |     | 50 |
| 8       | 63    | Indra Davies       | South Yorkshire | 127   | 41  |     | 40 |    | 46  |    |
| 9       | 71    | Arianna Zenti      | West Yorkshire  | 126   |     | 48  | 36 |    | 42  |    |
| 10      | 66    | Geogina Arif       | South Yorkshire | 125   |     | 34  | 50 |    |     | 41 |
| 11=     | 52    | Marie Walker       | Humberside      | 118   | 31  |     | 46 |    |     | 41 |
| 11=     | 67    | Kennedy Windle     | South Yorkshire | 118   |     | 38  |    | 36 |     | 44 |
| 13      | 61    | Helen Lees         | North Yorkshire | 115   |     | 44  |    | 34 |     | 37 |
| 14      | 58    | Sian Haly          | North Yorkshire | 114   | 44  |     | 32 |    | 38  |    |
| 15      | 57    | Charlotte Allen    | North Yorkshire | 113   | 37  |     |    | 42 |     | 34 |
| 16      | 49    | Kendall Arnott     | Humberside      | 112   |     | 36  |    | 40 | 36  |    |
| 17      | 50    | Maisie Hanley      | Humberside      | 109   | 34  |     | 38 |    |     | 37 |
| 18      | 65    | Mellissa Hellewell | South Yorkshire | 102   |     | 42  | 30 |    | 30  |    |
| 19      | 51    | Mollie Francis     | Humberside      | 99    | 31  |     | 34 |    | 34  |    |
| 20=     | 53    | Daisy Colebrook    | Humberside      | 94    |     | 32  |    | 30 | 32  |    |
| 20=     | 54    | Isabel Ravenscroft | Humberside      | 94    |     | 30  |    | 32 |     | 32 |
| 22      | 59    | Caroline Lambert   | North Yorkshire | 88    |     | 50  |    | 38 |     |    |
| 23      | 76    | Amy Burston        | West Yorkshire  | 0     |     |     |    |    |     |    |

# Team Results

# Humberside (purple)

## Competition:

ASHA-Yorkshire Regional Final Under 15 Girls

## Venue:

North Bridge Leisure Centre, Halifax

## Date

1 Mar 2009

| Ranking | Team            | Score | Individual | P8 | 4x2 |
|---------|-----------------|-------|------------|----|-----|
| 1       | West Yorkshire  | 676   | 546        | 70 | 60  |
| 2       | North Yorkshire | 556   | 486        | 0  | 70  |
| 3       | South Yorkshire | 555   | 505        | 0  | 50  |
| 4       | Humberside      | 538   | 438        | 60 | 40  |

| Comp No | Name               | Event | Perf1  | Perf2 | Perf3 | Perf4 | Best   | Ranking | Points |
|---------|--------------------|-------|--------|-------|-------|-------|--------|---------|--------|
| 49      | Kendall Arnott     | 4LR   | 54.8   |       |       |       | 54.8   | 8       | 36     |
| 49      | Kendall Arnott     | SB    | 72     |       |       |       | 72     | 6       | 40     |
| 49      | Kendall Arnott     | SLJ   | 1.85   | 1.82  | 1.87  |       | 1.87   | 8       | 36     |
| 50      | Maisie Hanley      | 2LR   | 24.8   |       |       |       | 24.8   | 9       | 34     |
| 50      | Maisie Hanley      | S     | 6.75   | 6.73  | 7.15  |       | 7.15   | 7       | 38     |
| 50      | Maisie Hanley      | VJ    | 44     | 45    | 45    |       | 45     | 7=      | 37     |
| 51      | Mollie Francis     | 2LR   | 26.1   |       |       |       | 26.1   | 10=     | 31     |
| 51      | Mollie Francis     | S     | 5.36   | 5.91  | 5.57  |       | 5.91   | 9       | 34     |
| 51      | Mollie Francis     | SLJ   | 1.55   | 1.48  | 1.37  |       | 1.55   | 9       | 34     |
| 52      | Marie Walker       | 2LR   | 26.1   |       |       |       | 26.1   | 10=     | 31     |
| 52      | Marie Walker       | S     | 7.16   | 7.43  | 8.14  |       | 8.14   | 3       | 46     |
| 52      | Marie Walker       | VJ    | 40     | 47    | 45    |       | 47     | 5=      | 41     |
| 53      | Daisy Colebrook    | 4LR   | 58.8   |       |       |       | 58.8   | 10      | 32     |
| 53      | Daisy Colebrook    | SB    | 58     |       |       |       | 58     | 11      | 30     |
| 53      | Daisy Colebrook    | SLJ   | 1.53   | 1.46  | 1.51  |       | 1.53   | 10      | 32     |
| 54      | Isabel Ravenscroft | 4LR   | 1:01.8 |       |       |       | 1:01.8 | 11      | 30     |
| 54      | Isabel Ravenscroft | SB    | 59     |       |       |       | 59     | 10      | 32     |
| 54      | Isabel Ravenscroft | VJ    | 28     | 27    | 27    |       | 28     | 10      | 32     |

# Team Results

# North Yorkshire (red)

## Competition:

ASHA-Yorkshire Regional Final Under 15 Girls

## Venue:

North Bridge Leisure Centre, Halifax

## Date

1 Mar 2009

| Ranking | Team            | Score | Individual | P8 | 4x2 |
|---------|-----------------|-------|------------|----|-----|
| 1       | West Yorkshire  | 676   | 546        | 70 | 60  |
| 2       | North Yorkshire | 556   | 486        | 0  | 70  |
| 3       | South Yorkshire | 555   | 505        | 0  | 50  |
| 4       | Humberside      | 538   | 438        | 60 | 40  |

| Comp No | Name             | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking | Points |
|---------|------------------|-------|-------|-------|-------|-------|------|---------|--------|
| 56      | Laura Skelton    | 2LR   | 22.9  |       |       |       | 22.9 | 2       | 48     |
| 56      | Laura Skelton    | S     | 8.04  | 7.98  | 8.16  |       | 8.16 | 2       | 48     |
| 56      | Laura Skelton    | SLJ   | 2.23  | 2.20  | 2.27  |       | 2.27 | 2       | 48     |
| 57      | Charlotte Allen  | 2LR   | 24.1  |       |       |       | 24.1 | 7=      | 37     |
| 57      | Charlotte Allen  | SB    | 73    |       |       |       | 73   | 5       | 42     |
| 57      | Charlotte Allen  | VJ    | 43    | 43    | 41    |       | 43   | 9       | 34     |
| 58      | Sian Haly        | 2LR   | 23.5  |       |       |       | 23.5 | 4       | 44     |
| 58      | Sian Haly        | S     | 5.11  | 5.87  | 0.00  |       | 5.87 | 10      | 32     |
| 58      | Sian Haly        | SLJ   | 2.08  | 2.06  | 2.10  |       | 2.10 | 7       | 38     |
| 59      | Caroline Lambert | 4LR   | 50.9  |       |       |       | 50.9 | 1       | 50     |
| 59      | Caroline Lambert | SB    | 70    |       |       |       | 70   | 7       | 38     |
| 61      | Helen Lees       | 4LR   | 52.9  |       |       |       | 52.9 | 4       | 44     |
| 61      | Helen Lees       | SB    | 64    |       |       |       | 64   | 9       | 34     |
| 61      | Helen Lees       | VJ    | 42    | 45    | 44    |       | 45   | 7=      | 37     |

# Team Results

# South Yorkshire (green)

## Competition:

ASHA-Yorkshire Regional Final Under 15 Girls

## Venue:

North Bridge Leisure Centre, Halifax

## Date

1 Mar 2009

| Ranking | Team            | Score | Individual | P8 | 4x2 |
|---------|-----------------|-------|------------|----|-----|
| 1       | West Yorkshire  | 676   | 546        | 70 | 60  |
| 2       | North Yorkshire | 556   | 486        | 0  | 70  |
| 3       | South Yorkshire | 555   | 505        | 0  | 50  |
| 4       | Humberside      | 538   | 438        | 60 | 40  |

| Comp No | Name               | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking | Points |
|---------|--------------------|-------|-------|-------|-------|-------|------|---------|--------|
| 63      | Indra Davies       | 2LR   | 23.6  |       |       |       | 23.6 | 5=      | 41     |
| 63      | Indra Davies       | S     | 6.68  | 7.16  | 6.17  |       | 7.16 | 6       | 40     |
| 63      | Indra Davies       | SLJ   | 2.20  | 2.23  | 2.24  |       | 2.24 | 3       | 46     |
| 64      | Olivia Neal        | 2LR   | 23.6  |       |       |       | 23.6 | 5=      | 41     |
| 64      | Olivia Neal        | SB    | 87    |       |       |       | 87   | 1       | 50     |
| 64      | Olivia Neal        | SLJ   | 2.18  | 2.14  | 2.09  |       | 2.18 | 4       | 44     |
| 65      | Mellissa Hellewell | 4LR   | 53.2  |       |       |       | 53.2 | 5       | 42     |
| 65      | Mellissa Hellewell | S     | 5.29  | 4.99  | 5.51  |       | 5.51 | 11      | 30     |
| 65      | Mellissa Hellewell | SLJ   | 1.41  | 1.45  | 1.50  |       | 1.50 | 11      | 30     |
| 66      | Geogina Arif       | 4LR   | 55.7  |       |       |       | 55.7 | 9       | 34     |
| 66      | Geogina Arif       | S     | 7.78  | 8.00  | 8.68  |       | 8.68 | 1       | 50     |
| 66      | Geogina Arif       | VJ    | 47    | 42    | 47    |       | 47   | 5=      | 41     |
| 67      | Kennedy Windle     | 4LR   | 54.3  |       |       |       | 54.3 | 7       | 38     |
| 67      | Kennedy Windle     | SB    | 69    |       |       |       | 69   | 8       | 36     |
| 67      | Kennedy Windle     | VJ    | 49    | 49    | 46    |       | 49   | 4       | 44     |

# Team Results

# West Yorkshire (orange)

## Competition:

ASHA-Yorkshire Regional Final Under 15 Girls

## Venue:

North Bridge Leisure Centre, Halifax

## Date

1 Mar 2009

| Ranking | Team            | Score | Individual | P8 | 4x2 |
|---------|-----------------|-------|------------|----|-----|
| 1       | West Yorkshire  | 676   | 546        | 70 | 60  |
| 2       | North Yorkshire | 556   | 486        | 0  | 70  |
| 3       | South Yorkshire | 555   | 505        | 0  | 50  |
| 4       | Humberside      | 538   | 438        | 60 | 40  |

| Comp No | Name          | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking | Points |
|---------|---------------|-------|-------|-------|-------|-------|------|---------|--------|
| 70      | Lauren Powell | 2LR   | 22.6  |       |       |       | 22.6 | 1       | 50     |
| 70      | Lauren Powell | SB    | 79    |       |       |       | 79   | 3       | 46     |
| 70      | Lauren Powell | SLJ   | 2.17  | 2.26  | 2.30  |       | 2.30 | 1       | 50     |
| 71      | Arianna Zenti | 4LR   | 51.4  |       |       |       | 51.4 | 2       | 48     |
| 71      | Arianna Zenti | S     | 6.16  | 6.61  | 6.60  |       | 6.61 | 8       | 36     |
| 71      | Arianna Zenti | SLJ   | 2.16  | 2.02  | 2.05  |       | 2.16 | 5       | 42     |
| 72      | Beth Pugh     | 2LR   | 23.4  |       |       |       | 23.4 | 3       | 46     |
| 72      | Beth Pugh     | S     | 7.44  | 7.47  | 6.43  |       | 7.47 | 5       | 42     |
| 72      | Beth Pugh     | VJ    | 51    | 51    | 49    |       | 51   | 3       | 46     |
| 73      | Rachel Taylor | 2LR   | 24.1  |       |       |       | 24.1 | 7=      | 37     |
| 73      | Rachel Taylor | S     | 7.16  | 7.64  | 7.21  |       | 7.64 | 4       | 44     |
| 73      | Rachel Taylor | VJ    | 46    | 55    | 54    |       | 55   | 1       | 50     |
| 74      | India Wilson  | 4LR   | 52.6  |       |       |       | 52.6 | 3       | 46     |
| 74      | India Wilson  | SB    | 83    |       |       |       | 83   | 2       | 48     |
| 74      | India Wilson  | SLJ   | 2.12  | 2.12  | 2.15  |       | 2.15 | 6       | 40     |
| 75      | Emma Taylor   | 4LR   | 53.9  |       |       |       | 53.9 | 6       | 40     |
| 75      | Emma Taylor   | SB    | 76    |       |       |       | 76   | 4       | 44     |
| 75      | Emma Taylor   | VJ    | 53    | 54    | 52    |       | 54   | 2       | 48     |

# Results Sheet

# 2 Lap Race

## Competition:

ASHA-Yorkshire Regional Final Under 15 Girls

## Venue:

North Bridge Leisure Centre, Halifax

## Date

1 Mar 2009

| Ranking | Team            | Colour | BibNo | Name            | Best | Points |
|---------|-----------------|--------|-------|-----------------|------|--------|
| 1       | West Yorkshire  | orange | 70    | Lauren Powell   | 22.6 | 50     |
| 2       | North Yorkshire | red    | 56    | Laura Skelton   | 22.9 | 48     |
| 3       | West Yorkshire  | orange | 72    | Beth Pugh       | 23.4 | 46     |
| 4       | North Yorkshire | red    | 58    | Sian Haly       | 23.5 | 44     |
| 5=      | South Yorkshire | green  | 63    | Indra Davies    | 23.6 | 41     |
| 5=      | South Yorkshire | green  | 64    | Olivia Neal     | 23.6 | 41     |
| 7=      | North Yorkshire | red    | 57    | Charlotte Allen | 24.1 | 37     |
| 7=      | West Yorkshire  | orange | 73    | Rachel Taylor   | 24.1 | 37     |
| 9       | Humberside      | purple | 50    | Maisie Hanley   | 24.8 | 34     |
| 10=     | Humberside      | purple | 51    | Mollie Francis  | 26.1 | 31     |
| 10=     | Humberside      | purple | 52    | Marie Walker    | 26.1 | 31     |



# Results Sheet

# 4 Lap Race

## Competition:

ASHA-Yorkshire Regional Final Under 15 Girls

## Venue:

North Bridge Leisure Centre, Halifax

## Date

1 Mar 2009

| Ranking | Team            | Colour | BibNo | Name               | Best   | Points |
|---------|-----------------|--------|-------|--------------------|--------|--------|
| 1       | North Yorkshire | red    | 59    | Caroline Lambert   | 50.9   | 50     |
| 2       | West Yorkshire  | orange | 71    | Arianna Zenti      | 51.4   | 48     |
| 3       | West Yorkshire  | orange | 74    | India Wilson       | 52.6   | 46     |
| 4       | North Yorkshire | red    | 61    | Helen Lees         | 52.9   | 44     |
| 5       | South Yorkshire | green  | 65    | Mellissa Hellewell | 53.2   | 42     |
| 6       | West Yorkshire  | orange | 75    | Emma Taylor        | 53.9   | 40     |
| 7       | South Yorkshire | green  | 67    | Kennedy Windle     | 54.3   | 38     |
| 8       | Humberside      | purple | 49    | Kendall Arnott     | 54.8   | 36     |
| 9       | South Yorkshire | green  | 66    | Geogina Arif       | 55.7   | 34     |
| 10      | Humberside      | purple | 53    | Daisy Colebrook    | 58.8   | 32     |
| 11      | Humberside      | purple | 54    | Isabel Ravenscroft | 1:01.8 | 30     |

# Results Sheet

# 8 Lap Paarlauf

## Competition:

ASHA-Yorkshire Regional Final Under 15 Girls

## Venue:

North Bridge Leisure Centre, Halifax

## Date

1 Mar 2009

| Ranking | Code | Team           | Colour | Heat   | Final | Performance | Points |
|---------|------|----------------|--------|--------|-------|-------------|--------|
| 1       | 04   | West Yorkshire | orange | 1:42.0 | 0.0   | 1:42.0      | 70.0   |
| 2       | 01   | Humberside     | purple | 1:52.5 | 0.0   | 1:52.5      | 60.0   |

# Results Sheet

# 4 x 2 Lap Relay

## Competition:

ASHA-Yorkshire Regional Final Under 15 Girls

## Venue:

North Bridge Leisure Centre, Halifax

## Date

1 Mar 2009

| Ranking | Code | Team            | Colour | Heat   | Final | Performance | Points |
|---------|------|-----------------|--------|--------|-------|-------------|--------|
| 1       | 02   | North Yorkshire | red    | 1:32.6 | 0.0   | 1:32.6      | 70.0   |
| 2       | 04   | West Yorkshire  | orange | 1:33.0 | 0.0   | 1:33.0      | 60.0   |
| 3       | 03   | South Yorkshire | green  | 1:39.2 | 0.0   | 1:39.2      | 50.0   |
| 4       | 01   | Humberside      | purple | 1:48.5 | 0.0   | 1:48.5      | 40.0   |

# Results Sheet

# Shot

## Competition:

ASHA-Yorkshire Regional Final Under 15 Girls

## Venue:

North Bridge Leisure Centre, Halifax

## Date

1 Mar 2009

| Ranking | Team            | Colour | BibNo | Name               | Best | Points |
|---------|-----------------|--------|-------|--------------------|------|--------|
| 1       | South Yorkshire | green  | 66    | Geogina Arif       | 8.68 | 50     |
| 2       | North Yorkshire | red    | 56    | Laura Skelton      | 8.16 | 48     |
| 3       | Humberside      | purple | 52    | Marie Walker       | 8.14 | 46     |
| 4       | West Yorkshire  | orange | 73    | Rachel Taylor      | 7.64 | 44     |
| 5       | West Yorkshire  | orange | 72    | Beth Pugh          | 7.47 | 42     |
| 6       | South Yorkshire | green  | 63    | Indra Davies       | 7.16 | 40     |
| 7       | Humberside      | purple | 50    | Maisie Hanley      | 7.15 | 38     |
| 8       | West Yorkshire  | orange | 71    | Arianna Zenti      | 6.61 | 36     |
| 9       | Humberside      | purple | 51    | Mollie Francis     | 5.91 | 34     |
| 10      | North Yorkshire | red    | 58    | Sian Haly          | 5.87 | 32     |
| 11      | South Yorkshire | green  | 65    | Mellissa Hellewell | 5.51 | 30     |

# Results Sheet

# Speed Bounce

## Competition:

ASHA-Yorkshire Regional Final Under 15 Girls

## Venue:

North Bridge Leisure Centre, Halifax

## Date

1 Mar 2009

| Ranking | Team            | Colour | BibNo | Name               | Total | Points |
|---------|-----------------|--------|-------|--------------------|-------|--------|
| 1       | South Yorkshire | green  | 64    | Olivia Neal        | 87    | 50     |
| 2       | West Yorkshire  | orange | 74    | India Wilson       | 83    | 48     |
| 3       | West Yorkshire  | orange | 70    | Lauren Powell      | 79    | 46     |
| 4       | West Yorkshire  | orange | 75    | Emma Taylor        | 76    | 44     |
| 5       | North Yorkshire | red    | 57    | Charlotte Allen    | 73    | 42     |
| 6       | Humberside      | purple | 49    | Kendall Arnott     | 72    | 40     |
| 7       | North Yorkshire | red    | 59    | Caroline Lambert   | 70    | 38     |
| 8       | South Yorkshire | green  | 67    | Kennedy Windle     | 69    | 36     |
| 9       | North Yorkshire | red    | 61    | Helen Lees         | 64    | 34     |
| 10      | Humberside      | purple | 54    | Isabel Ravenscroft | 59    | 32     |
| 11      | Humberside      | purple | 53    | Daisy Colebrook    | 58    | 30     |

# Results Sheet

# Standing Long Jump

## Competition:

ASHA-Yorkshire Regional Final Under 15 Girls

## Venue:

North Bridge Leisure Centre, Halifax

## Date

1 Mar 2009

| Ranking | Team            | Colour | BibNo | Name               | Best | Points |
|---------|-----------------|--------|-------|--------------------|------|--------|
| 1       | West Yorkshire  | orange | 70    | Lauren Powell      | 2.30 | 50     |
| 2       | North Yorkshire | red    | 56    | Laura Skelton      | 2.27 | 48     |
| 3       | South Yorkshire | green  | 63    | Indra Davies       | 2.24 | 46     |
| 4       | South Yorkshire | green  | 64    | Olivia Neal        | 2.18 | 44     |
| 5       | West Yorkshire  | orange | 71    | Arianna Zenti      | 2.16 | 42     |
| 6       | West Yorkshire  | orange | 74    | India Wilson       | 2.15 | 40     |
| 7       | North Yorkshire | red    | 58    | Sian Haly          | 2.10 | 38     |
| 8       | Humberside      | purple | 49    | Kendall Arnott     | 1.87 | 36     |
| 9       | Humberside      | purple | 51    | Mollie Francis     | 1.55 | 34     |
| 10      | Humberside      | purple | 53    | Daisy Colebrook    | 1.53 | 32     |
| 11      | South Yorkshire | green  | 65    | Mellissa Hellewell | 1.50 | 30     |

# Results Sheet

# Vertical Jump

## Competition:

ASHA-Yorkshire Regional Final Under 15 Girls

## Venue:

North Bridge Leisure Centre, Halifax

## Date

1 Mar 2009

| Ranking | Team            | Colour | BibNo | Name               | Best | Points |
|---------|-----------------|--------|-------|--------------------|------|--------|
| 1       | West Yorkshire  | orange | 73    | Rachel Taylor      | 55   | 50     |
| 2       | West Yorkshire  | orange | 75    | Emma Taylor        | 54   | 48     |
| 3       | West Yorkshire  | orange | 72    | Beth Pugh          | 51   | 46     |
| 4       | South Yorkshire | green  | 67    | Kennedy Windle     | 49   | 44     |
| 5=      | Humberside      | purple | 52    | Marie Walker       | 47   | 41     |
| 5=      | South Yorkshire | green  | 66    | Geogina Arif       | 47   | 41     |
| 7=      | Humberside      | purple | 50    | Maisie Hanley      | 45   | 37     |
| 7=      | North Yorkshire | red    | 61    | Helen Lees         | 45   | 37     |
| 9       | North Yorkshire | red    | 57    | Charlotte Allen    | 43   | 34     |
| 10      | Humberside      | purple | 54    | Isabel Ravenscroft | 28   | 32     |